

SOCIAL LIFE

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In the Hamptons with

JEAN SHAFIROFF

FULL-BODY SKIN-TIGHTENING IS POSSIBLE WITH SCULPTRA

BY DANIELLE ELLISON

Dr. Anna Avaliani is a master injector and a national trainer for Sculptra injections in NYC. She is *the top* provider of Sculptra in NYC, and since 2018 she has injected over 5,000 vials to date. Dr. Avaliani doesn't just use Sculptra on the face but she uses it *all over* the body!

Sculptra, an injectable — when *expertly assessed and administered* — can correct so many problems, including bad-liposuction.



Lax knees, Before and After

- ✓ **Saggy neck?** No more!
- ✓ **Wrinkly chest?** No more!
- ✓ **Gaping breasts?** No more!
- ✓ **Droopy breasts?** No more!
- ✓ **Slack elbows?** No more!
- ✓ **Floppy abdomen?** No more!
- ✓ **Loose inner thighs?** No more!
- ✓ **Lax knees?** No more!
- ✓ **Baggy butt?** No more!
- ✓ **Grandma hands?** No more!

Dr. Avaliani can make your body taut, tight, and firm. Sculptra for the body has amazing potential to restore the internal collagen structure and lift saggy skin to provide natural and long-lasting results —two years on average, and with touch-ups, indefinitely.

Sculptra is not your typical filler. Instead, it actually stimulates your body's natural collagen production.

Sculptra results appear gradually over time, giving the most natural results in a very elegant way. It is impossible to get overfilled when you are in the hands of an expert like Dr. Avaliani. Sculptra is like having blue-chip anti-aging stocks — paying you youth dividends to keep you looking great and feeling happy. It's the best kept secret of many celebrities.



Loose inner thighs, Before and After

Who is a good candidate for Sculptra injections?

Typically anyone can be a candidate for Sculptra injections, but whether Sculptra alone or in combination with something else is needed can only be determined after Dr. Avaliani assesses a person's skin quality during an in-person consultation.

Is there any downtime after Sculptra injections?

There is immediate post-procedure swelling from the injections because Sculptra is activated with a water-like substance, which gets absorbed by the body within 24 hours. The short answer is, there's no real downtime and barely any restrictions. Dr. Avaliani injects Sculptra with micro-cannulas, guided by the AccuVein light that detects blood vessels to avoid. The result: tinier pin pricks, less swelling, minimal to no bruising.

Is it necessary to prepare for Sculptra injections?

Avoid alcoholic beverages, multivitamins, green tea, and NSAIDS like aspirin, Advil, Aleve, or Motrin for 5 to 7 days prior to a procedure to avoid bruising and help speed the healing process. Arnica or bromelain supplements are helpful but not absolutely necessary.

Is Sculptra alone good enough?

The answer really depends on a person's skin quality. Sculptra is a great and natural collagen stimulant and it can be enhanced when combined with other laser technologies if desired or needed. Some treatments that work synergistically with Sculptra include Genius RF Microneedling, Ultherapy, TempSure Envi, and TempSure Firm, and NovaThreads. Dr. Avaliani's office is equipped with the latest and best cosmetic technology, and she has extensive expertise with all types of lasers and high-tech devices.

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