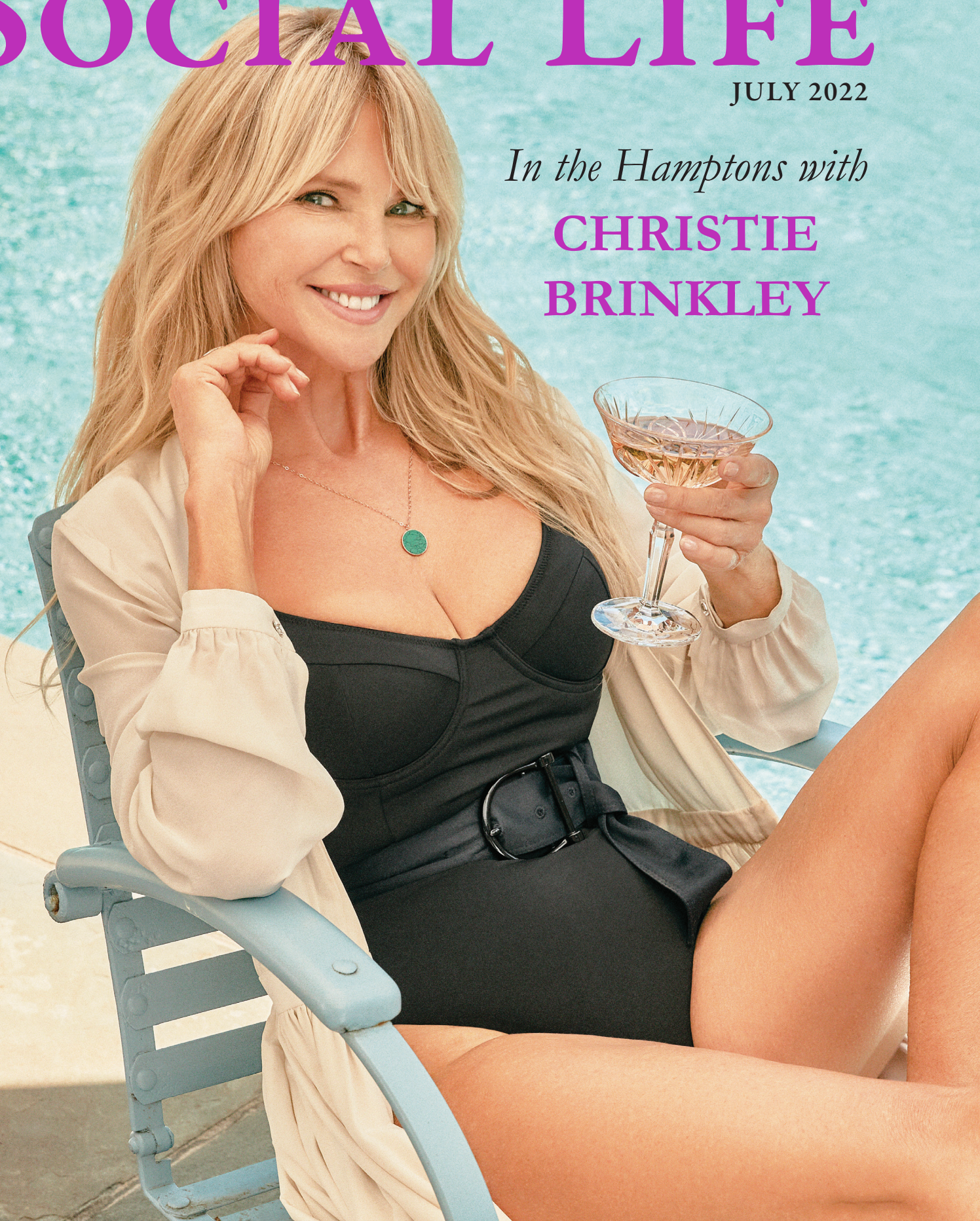


SOCIAL LIFE

JULY 2022

In the Hamptons with

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Anna Avaliani MD

Cosmetic & Laser Surgery

BESPOKE *BEAUTY*

Anna Avaliani, M.D., is medical royalty when it comes to noninvasive cosmetic surgery. Her Upper East Side bespoke practice offers the best and latest in FDA-approved lasers and other technologies to smooth, tighten, re-shape, contour, and rejuvenate.

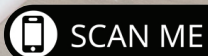
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Skin Rejuvenation
Thread Face Lift

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30 East 60th Street, Suite 1100, New York

Between Park Avenue and Madison Avenue

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DR. ANNA AVALIANI

FULL-BODY SKIN-TIGHTENING IS POSSIBLE WITH SCULPTRA

BY FRANCES GORMLEY



Dr. Anna Avaliani is a master injector and a national trainer for Sculptra injections. For the past three years, she has been the *top* provider of Sculptra in NYC, and since 2018 she has injected more than 7,000 vials. Beyond using Sculptra on the face, she uses it *all over* the body to plump, lift, smooth, and contour.

Dr. Avaliani is the expert you want. Never underestimate the importance of who's doing the injecting — deciding exactly where, how much, how deep. She is a board-certified physician with years of education, training, and experience. Trust your body to the best in medical care. Sculptra, an injectable — when *expertly assessed and administered* — can correct so many problems, including bad liposuction.

Saggy neck? No more!
Gaping breasts? No more!
Slack elbows? No more!
Loose inner thighs? No more!
Baggy butt? No more!

Wrinkly chest? No more!
Droopy breasts? No more!
Floppy abdomen? No more!
Lax knees? No more!
Grandma hands? No more!

Dr. Avaliani can make your body taut and firm. Sculptra for the body has amazing potential to restore your internal collagen structure and lift saggy skin to provide natural and long-lasting results — two years on average, and indefinitely with touch-ups.

Sculptra is not your typical filler. Instead, it actually stimulates your



body's natural collagen production. Sculptra's results appear gradually over time, giving the most natural results in an elegant way. It's *impossible* to get overfilled when you're in the hands of an expert like Dr. Avaliani. Sculptra is like having blue-chip anti-aging stocks — paying you youth dividends to keep you looking great and feeling happy. It's the best-kept secret of many celebrities.

CANDIDATES FOR A SCULPTRA TREATMENT

Typically anyone can be a candidate for Sculptra injections, but whether Sculptra alone or in combination with something else is needed can only be determined after Dr. Avaliani assesses your skin quality during an in-person consultation.

AFTER A SCULPTRA TREATMENT

There is immediate post-procedure swelling from the injections as Sculptra is activated with a water-like substance, which gets absorbed by the body within 24 hours. The short answer is, there's no real downtime and barely any restrictions. Dr. Avaliani injects Sculptra with micro-cannulas, guided by the AccuVein light that detects blood vessels to avoid. The result: tinier pin pricks, less swelling, minimal to no bruising.

PREPARING FOR SCULPTRA TREATMENT

Avoid alcoholic beverages, multivitamins, green tea, and NSAIDS like aspirin, Advil, Aleve, or Motrin for 5 to 7 days prior to a procedure to avoid bruising and help speed the healing process. Arnica or bromelain supplements are helpful but not absolutely necessary.

SCULPTRA AND OTHER TREATMENTS

The answer really depends on your exact skin quality. Sculptra is a great and natural collagen stimulant and it can be enhanced when combined with other laser technologies if desired or needed. Some treatments that work synergistically with Sculptra include Genius RF Microneedling, Ultherapy, TempSure Envi and TempSure Firm, and NovaThreads. Dr. Avaliani's office is equipped with more than \$5 million worth of the latest and best cosmetic technology, and she has extensive expertise with all types of lasers and high-tech devices.

Anna Avaliani, M.D.
30 East 60th Street, Suite 1100
212.673.8888
dravaliani.com | @dr.annavaliani